LOS ANGELES REGIONAL



## LOS ANGELES REGIONAL FOOD BANK In collaboration with: Rowland Heights Community Christian Church



## Invite you to receive free healthy foods from our Mobile Food Pantry Program!

Food distributed may include: Fresh fruits and vegetables, canned meats, beans, soups, rice, pasta, sauces, grains, bread and yogurt!

All Participating Households Must Meet the USDA Income Guidelines below:

USDA Household Income Guidelines 1 Person- \$1,517 per month 2 People- \$2,057 per month 3 People- \$2,597 per month 4 People- \$3,137 per month 5 People- \$3,677 per month 6 People- \$4,217 per month



For your convenience, please bring your grocery cart or reusable bags

Mobile Food Pantry Distribution will be on: August 27<sup>th</sup>, September 24<sup>th</sup>, October 22<sup>nd</sup>

9:00 Å.M. -11:00 A.M. (4<sup>th</sup> Thursday of Every Month)

**Rowland Heights Community Christian Church** 

19309 Colima Road Rowland Heights, CA 91748 (626) 965-3033

